



USPF NEWS & UPDATES from REGION 7

Danni Eldridge & Sheri Hartmann



(Pictured are the lifters able to stay for group photo.)

The USPF Region 7 Championship Meet was fantastic! There were 40 lifters, from beginners to seasoned, showing us some awesome lifting: 50 American Records, 93 Region 7 Records & 86 State Records made/broken along with 17 new Lifter Classifications achieved. The large conference room at Desert Diamond Casino in Tucson stayed packed with spectators jamming the room to cheer on their favorites. We would like to thank all of the officials and staff for their help in making this meet a big success: USPF Referees Laura Jones, Head Ref, side Refs



Linda Devaney, Mike Jones, and Michael Bowden, Announcer

John Rudy, Cathy Bowden Scorekeeping, and some great spotting/loading by Dave Heinz, Jim Burke, and Matt Cook. We would also like to thank everybody for supporting our USPF meets along with the Desert Diamond Casino Staff for their wonderful hospitality. Meet results, records and photos are posted on USPFtheLegend.com.

New USPF Referee: Congrats to Zack Moss in becoming a new USPF State Referee!

Upcoming USPF Meets:

Go to www.USPFtheLegend.com for entries & more info!

USPF Triumph of Strength:

June 21, 2014

Las Vegas Hotel & Casino (The LVH)

Full Power, Push/Pull,

S/L Bench Press & S/L Deadlift

Open to ALL lifters (13+ years old)

Complimentary patch with entry!



7th Annual USPF AZ State Tom Eldridge Top Gun Championship Meet:



August 16, 2014

Phoenix, AZ

Full Power, Push/Pull, S/L Bench Press & S/L Deadlift

Open to ALL lifters (13+ years old)

Meet Director: Michael Bowden ~ USPF AZ State Chair

More info to come!

For up to date info:

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