

USPF Age Divisions & Weight Classes

MEN

Age Divisions:

Open ~ 13 & over

Junior ~ age divisions: 13-15, 16-17, 18-19, & 20-23

Submaster ~ 35-39

Master ~ age divisions: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, & 80+

Weight Classes:

52.0 kg / 114 lb Class - up to 52.0 kg.

56.0 kg / 123 lb Class - 52.01 to 56.0 kg

60.0 kg / 132 lb Class - 56.01 to 60.0 kg

67.5 kg / 148 lb Class - 60.01 to 67.5 kg

75.0 kg / 165 lb Class - 67.51 to 75.0 kg

82.5 kg / 181 lb Class - 75.01 to 82.5 kg

90.0 kg / 198 lb Class - 82.51 to 90.0 kg

100.0 kg / 220 lb Class - 90.01 to 100.0 kg

110.0 kg / 242 lb Class - 100.01 to 110.0 kg

125.0 kg / 275 lb Class - 110.01 to 125.0 kg

140.0 kg / 308 lb Class - 125.1 kg to 140.0 kg

SWH 140.0+kg / 308.75+ lb Class - 140.0 kg +

WOMEN

Age Divisions:

Open ~ 13 & over

Junior ~ age divisions: 13-15, 16-17, 18-19, & 20-23

Submaster ~ 35-39

Master ~ age divisions: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, & 80+

Weight Classes:

44.0 kg / 97 lb Class - up to 44.0 kg.

48.0 kg / 105 lb Class - 44.01 to 48.0 kg

52.0 kg / 114 lb Class - 48.01 to 52.0 kg.

56.0 kg / 123 lb Class - 52.01 to 56.0 kg

60.0 kg / 132 lb Class - 56.01 to 60.0 kg

67.5 kg / 148 lb Class - 60.01 to 67.5 kg

75.0 kg / 165 lb Class - 67.51 to 75.0 kg

82.5 kg / 181 lb Class - 75.01 to 82.5 kg

90.0 kg / 198 lb Class - 82.51 to 90.0 kg

SHW 90.1+ kg / 198.5+ lb Class - 90.1+ kg