

**USPF ARIZONA STATE RAW FULL POWER
WOMEN - OPEN**

<u>Weight</u>	<u>Lift</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat	87.5	192.9	Zueyzan Montano	10/30/2016
	Bench	42.5	93.7	Zueyzan Montano	10/30/2016
	Deadlift	110.0	242.5	Zueyzan Montano	10/30/2016
	TOTAL	240.0	529.1	Zueyzan Montano	10/30/2016
56kg/123.5lb	Squat	112.5	248.0	Chelcee Veltre	6/15/2019
	Bench	55.0	121.3	Rachel Anaya	11/22/2015
	Deadlift	140.0	308.6	Chelcee Veltre	11/18/2017
	TOTAL	290.0	639.3	Chelcee Veltre	11/18/2017
60kg/132.2lb	Squat	92.5	203.9	Chelcee Veltre	10/30/2016
	Bench	57.5	126.8	Gloria Valenzuela	11/16/2014
	Deadlift	125.0	275.6	Gloria Valenzuela	11/16/2014
	TOTAL	272.5	600.8	Gloria Valenzuela	11/16/2014
67.5kg/148.7lb	Squat	112.5	248.0	Jennifer Ravago	10/30/2016
	Bench	65.0	143.3	Jennifer Ravago	10/30/2016
	Deadlift	130.0	286.6	Jennifer Ravago	10/30/2016
	TOTAL	307.5	677.9	Jennifer Ravago	10/30/2016
75kg/165.2lb	Squat	160.0	352.7	Victoria Yarbrough	5/1/2015
	Bench	112.5	248.0	Victoria Yarbrough	5/1/2015
	Deadlift	175.0	385.8	Victoria Yarbrough	11/16/2014
	TOTAL	447.5	986.6	Victoria Yarbrough	5/1/2015
82.5kg/181.7lb	Squat	150.0	330.7	Kristina Thoman	5/1/2015
	Bench	100.0	220.5	Kendra Rivera	10/30/2016
	Deadlift	182.5	402.3	Kendra Rivera	10/30/2016
	TOTAL	412.5	909.4	Kendra Rivera	10/30/2016
90kg/198.2lb	Squat	192.5	424.4	Jessica VanAsselberg	10/30/2016
	Bench	110.0	242.5	Jessica VanAsselberg	10/30/2016
	Deadlift	200.0	440.9	Jessica VanAsselberg	10/30/2016
	TOTAL	502.5	1107.8	Jessica VanAsselberg	10/30/2016
90+kg/UNL	Squat	182.5	402.3	Kristina Thoman	11/16/2014
	Bench	102.5	226.0	Kristina Thoman	5/21/2016
	Deadlift	170.0	374.8	Kristina Thoman	11/22/2015
	TOTAL	447.5	986.6	Kristina Thoman	5/21/2016

USPF ARIZONA STATE RAW SUBMASTER - WOMEN 35-39

<u>Weight</u>	<u>Lift</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat	77.5	170.9	Magdalena Moreno	10/30/2016
	Bench	42.5	93.7	Magdalena Moreno	10/30/2016
	Deadlift	110.0	242.5	Magdalena Moreno	10/30/2016
	TOTAL	230.0	507.1	Magdalena Moreno	10/30/2016
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	62.5	137.8	Andrea Robinson	5/1/2015
	Bench	35.0	77.2	Andrea Robinson	5/1/2015
	Deadlift	77.5	170.9	Andrea Robinson	5/1/2015
	TOTAL	175.0	385.8	Andrea Robinson	5/1/2015
67.5kg/148.7lb	Squat	100.0	200.5	Lisa Fuentes	10/30/2016
	Bench	65.0	143.3	Victoria Padilla	11/18/2017
	Deadlift	132.5	292.1	Lisa Fuentes	10/30/2016
	TOTAL	290.0	639.3	Lisa Fuentes	10/30/2016
75kg/165.2lb	Squat	130.0	286.6	Adrienne Stimson	5/21/2016
	Bench	60.0	132.3	Adrienne Stimson	11/22/2015
	Deadlift	160.0	352.7	Adrienne Stimson	11/22/2015
	TOTAL	327.5	722.0	Adrienne Stimson	11/22/2015
82.5kg/181.7lb	Squat	150.0	330.7	Kristina Thoman	5/1/2015
	Bench	100.0	220.5	Kendra Rivera	10/30/2016
	Deadlift	182.5	402.3	Kendra Rivera	10/30/2016
	TOTAL	412.5	909.4	Kendra Rivera	10/30/2016
90kg/198.2lb	Squat	150.0	330.7	Kristina Thoman	4/5/2014
	Bench	95.0	209.4	Kristina Thoman	9/21/2013
	Deadlift	155.0	341.7	Kristina Thoman	9/21/2013
	TOTAL	392.5	865.3	Kristina Thoman	4/5/2014
90+kg/UNL	Squat	182.5	402.3	Kristina Thoman	11/16/2014
	Bench	100.0	220.5	Kristina Thoman	11/16/2014
	Deadlift	165.0	363.8	Kristina Thoman	11/16/2014
	TOTAL	447.5	986.6	Kristina Thoman	11/16/2014