

15USRR

ATTEMPTS  
 2015 USPF RED RIVER OPEN  
 BENCH PRESS / DEADLIFT CHAMPIONSHIPS  
 FEBRUARY 7, 2015 SHAWNEE, OKLAHOMA

ATTEMPTS

NAME	DIV	SQUAT	BENCH			SUB	DEADLIFT			TOTAL
-- HW --										
Vonderohe, H	WMB		140	150S-160		150.0				
Vonderohe, H	WMD						310	325	-340	
Caputo, Sara	WOD						150	175	200	
-- 148 --									200.0	
Hawkins, Dee	WMD						200	225	250S	
-- 181 --									250.0	
Sehorn, Mick	MMB		175	200	210	210.0				
Sehorn, Mick	MMD						285S	305S		
-- 198 --									305.0	
Caputo, Joe	MOD						375	405	450	
-- 220 --									450.0	
Caputo, Carm	MMB		250	275	290	290.0				
Smith, Jason	MMB		330A	360A-375		360.0				
Caputo, Carm	MMD						400	425	455	
Johnson, Tam	MMD						405	500	505	
Smith, Jason	MMD						550	-600	600A	
-- 242 --									600.0	
Nagele, Marc	MMB		340	370	-392	370.0				
Warring, Jim	MMB		300	325	-350	325.0				
Nagele, Marc	MMD						520	570	-605	
Hunt, Daniel	MOB		205	225	245	245.0				
Hunt, Daniel	MOD						375	405	-425	
-- 308 --									405.0	
McConnell, D	MMB		300	315A	330A	330.0				
McConnell, D	MMD						450	475	505	
									505.0	

TEAM 1-CAPUTO'S GYM 2-CRAIN  
 BEST WOMEN-MASTERS B.P. HOLLY VONDEROHE  
 LIFTER MASTERS D.L. HOLLY VONDEROHE  
 OPEN D.L. SARA CAPUTO  
 MEN-MASTERS B.P. JASON SMITH  
 OPEN B.P. DANIEL HUNT  
 MASTERS D.L. JASON SMITH/OPEN D.L. JOE  
 S=STATE RECORD A=AMERICAN RECORD